



**Psalm 93**

The Lord reigns, he is robed in majesty; the Lord is robed, he is girded with strength, \* the world is established, it shall never be moved.

Your throne is established from of old; \* you are from everlasting.

The floods have lifted up, O Lord, the floods have lifted up their voice, \* the floods lift up their roaring.

Mightier than the thunders of many waters, mightier than the waves of the sea, \* the Lord on high is mighty.

Your decrees are very sure; \* holiness befits your house, O Lord, for evermore.

**Psalm 63**

O God, you are my God, I seek you, my soul thirsts for you; \* my flesh faints for you as in a dry and weary land where no water is.

So I have looked upon you in the sanctuary, \* beholding your power and glory.

Because your steadfast love is better than life my lips will praise you; \* so I will bless you as long as I live, I will lift up my hands and call on your name.

My soul is feasted as with marrow and fat and my mouth praises you with joyful lips \* when I think of you upon my bed and meditate on you in the watches of the night.

For you have been my help and in the shadow of your wings I sing for joy. \* My soul clings to you, your right hand upholds me.

**Canticle**

Bless the Lord all works of the Lord, \* sing praise to him and highly exalt him for ever.

Bless the Lord you heavens, bless the Lord you angels of the Lord, \* bless the Lord all waters above the heaven, bless the Lord all powers.

Bless the Lord, sun and moon, bless the Lord stars of heaven, \* bless the Lord all rain and dew, bless the Lord all winds.

Bless the Lord fire and heat, bless the Lord winter cold and summer heat, \* bless the Lord dews and snows, bless the Lord nights and days.

Bless the Lord light and darkness, bless the Lord ice and cold, \* bless the Lord frosts and snows, bless the Lord lightnings and clouds.

Let the earth bless the Lord, \* let it sing praise to him and highly exalt him for ever.

Bless the Lord mountains and hills, bless the Lord all things that grow on the earth, \* bless the Lord you springs, bless the Lord sea and rivers.

Bless the Lord you whales and all creatures that move in the waters, bless the Lord all birds of the air, \* bless the Lord all beasts and cattle, bless the Lord you sons of men.

Bless the Lord, O Israel, \* sing praise to him and highly exalt him for ever.

Bless the Lord you priests of the Lord, bless the Lord you servants of the Lord, \* bless the Lord spirits and souls of the righteous, bless the Lord you who are holy and humble in heart.

Bless the Lord Hananiah, Azariah and Mishael, \* sing praise to him and highly exalt him for ever.

Let us bless the Father and the Son with the Holy Spirit, \* let us sing praise to him and highly exalt him for ever.

Blessed are you, O Lord, in the firmament of heaven, \* and to be sung and glorified and highly exalted for ever.

**Laudate psalms****Psalm 148**

Praise the Lord from the heavens, praise him in the heights,  
\* praise him, all his angels, praise him all his host.

Praise him sun and moon, praise him all you shining stars, \*  
praise him you highest heavens and you waters above the heavens.

Let them praise the name of the Lord; for he commanded and  
they were created, \* and he established them for ever and ever, he  
fixed their bounds which cannot be passed.

Praise the Lord from the earth, you sea monsters and all deeps, \*  
fire and hail, snow and frost, stormy wind fulfilling his command.

Mountains and all hills, fruit trees and all cedars, \* beasts and  
all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all rulers of the  
earth, \* young men and maidens together, old men and children.

Let them praise the name of the Lord, for his name alone is  
exalted, \* his glory is above earth and heaven.

He has raised up a horn for his people, praise for all his saints, \*  
for the people of Israel who are near to him; praise the Lord!

**Psalm 149**

Praise the Lord, sing to the Lord a new song, his praise in the  
assembly of the faithful; \* let Israel be glad in his Maker, let the  
sons of Zion rejoice in their King.

Let them praise his name with dancing, making melody to him  
with timbrel and lyre, \* for the Lord takes pleasure in his people,  
he adorns the humble with victory.

Let the faithful exult in glory, let them sing for joy on their  
couches, \* let the high praises of God be on their lips; this is glory  
for all his faithful ones, praise the Lord!

**Psalm 150**

Praise the Lord, praise God in his sanctuary, praise him in his  
mighty firmament; \* praise him for his mighty deeds, praise him

according to his exceeding greatness.

Praise him with trumpet sound, praise him with lute and harp; \*  
praise him with timbrel and dance, praise him with strings and  
pipe.

Praise him with sounding cymbals, praise him with loud  
clashing cymbals. \* Let everything that breathes praise the Lord.

**Benedictus**

Blessed be the Lord God of Israel for he has visited and  
redeemed his péople, \* and has raised up a horn of salvation for us  
in the house of his sérvant Dávid,

As he spoke by the mouth of his holy próphets fróm of old, \*  
that we should be saved from our enemies and from the hand of all  
who háte us;

To perform the mercy promised to our fathers, and to  
remember his hóly cóvenant, \* the oath which he swore to our  
fáther Ábraham,

To grant us that we, being delivered from the hand of our  
enemies, might sérve him withóut fear, \* in holiness and  
righteousness before him all the dáys of óur life.

And you, child, will be called the prophet óf the Móst High; \*  
for you will go before the Lórd to prepáre his ways,

To give knowledge of salvation to his people in the forgíveness  
of théir sins, \* through the tender mercy of our God when the day  
shall dawn upón us fróm on high

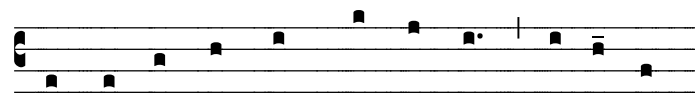
To give light to those who sit in darkness and in the shádw óf  
death, \* to guide our feet intó the wáy of peace.

Glory to the Father and to the Son and to the Hóly Spírit. \* As  
in the beginning so now and for éver. Ámen.

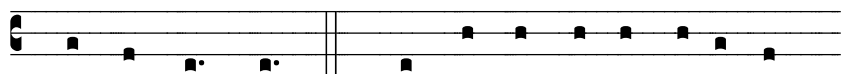
## SUNDAY LAUDS

## Psalm 67

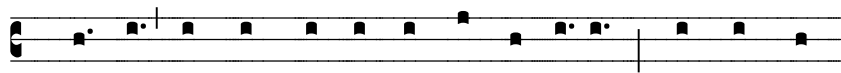
Ant. VII



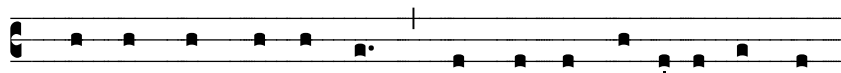
ET the peoples praise you, O God, \* let all the



peoples praise you. 1. May God be gracious to us and



bless us and make his face to shine up-on us, \* that your way



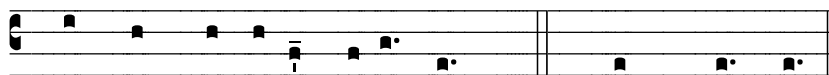
may be known up-on earth, your sav-ing power among all



na-tions. Ant. Let .... praise you. 2. Let the na-tions be



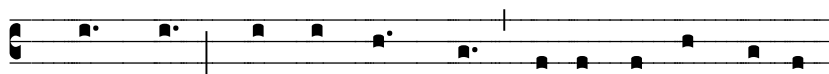
glad and sing for joy, for you judge the peoples with equity



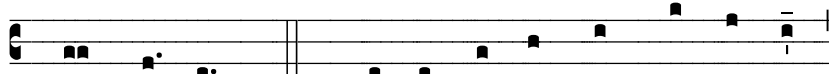
and guide the nations upon earth. Ant. Let ... praise you.



1. The earth has yielded its increase; God our God has



blessed us. God has blessed us; let all the ends of the



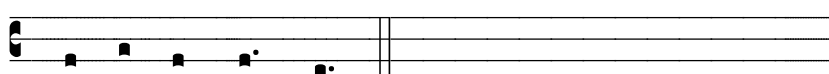
earth fear him. (Full) Let the peoples praise you, O God,



give glo-ry to you, Father, Son and Spi-rit, † let all the




peoples praise you, al-le-lu - ia. (In Lent) † Let all




the peoples praise you.

**1st Week  
Throughout the year**

I



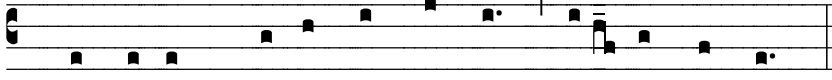
The heavens are telling the glo-ry of God, \* al-le-lu-ia, and



the firmament proclaims his hand-i-work. *(Not repeated in the psalm)*

**Lent**

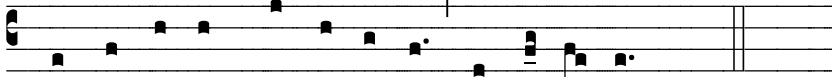
VII



The precepts \* of the Lord are right, rejoicing the heart.

**Eastertide**

VIII



Al- le- lu- ia, \* al- le- lu- ia, al- le- lu- ia.

**Psalm 19**

The heavens are telling the glory of God and the firmament proclaims his handiwork. \* **Day to day** pours forth speech (\*) and night to night declares knowledge.

There is no speech nor are there words; their voice is not heard; \* yet their voice goes out through all the earth and their words to the end of the world.

In them he has set a tent for the sun which comes forth like a bridegroom leaving his chamber, \* and like a strong man

runs

its course with joy.

Its rising is from the end of the heavens and its circuit to the end of them; \* and there is nothing hid from its heat.

The law of the Lord is perfect, reviving the soul; \* the testimony of the Lord is sure, making wise the simple.

The precepts of the Lord are right, rejoicing the heart; \* the commandment of the Lord is pure, enlightening the eyes.

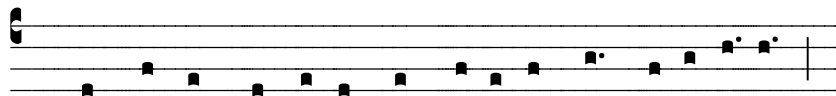
The fear of the Lord is clean, enduring for ever; \* the ordinances of the Lord are true and righteous altogether.

More to be desired are they than gold, even much fine gold; \* sweeter also than honey and drippings of the honeycomb.

Moreover by them is your servant warned; in keeping them there is great reward. \* But who can discern his errors? Clear me from hidden faults.

Keep back your servant also from presumptuous sins; let them not have dominion over me. \* Then I shall be blameless and innocent of great transgression.

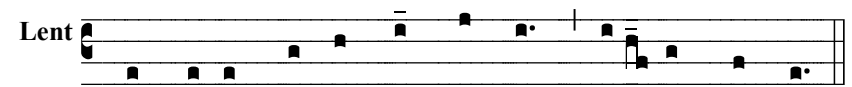
Let the words of my mouth and the meditation of my heart be acceptable in your sight, \* O Lord my rock and my redeemer.



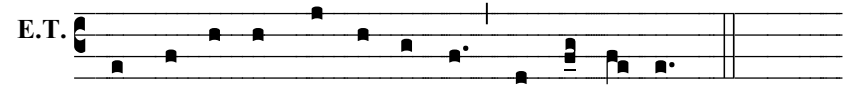
The heavens are telling the glo-ry of God, al-le-lu-ia,



and the firmament proclaims his hand-i-work.



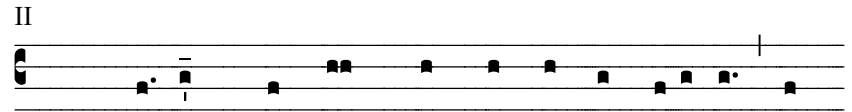
The precepts of the Lord are right, rejoicing the heart.



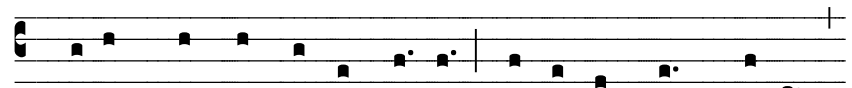
Al- le- lu- ia, al- le- lu- ia, al- le- lu- ia.

**Antiphon and psalm 150 as on page 14**

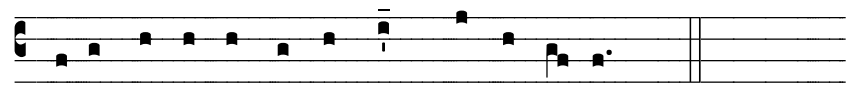
**2nd Week  
Throughout the year**



Al-le-lu- ia. \* The stone which the builders rejected has



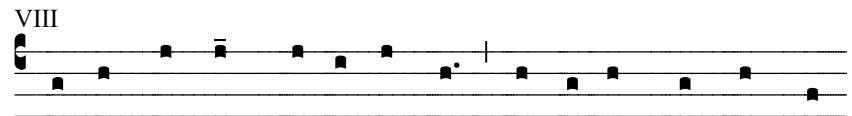
become the head of the corner; this is the Lord's do-ing,



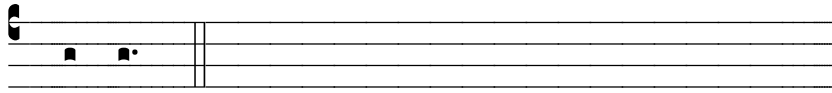
it is marvellous in our eyes, al- le- lu- ia.

*(O give thanks to the Lord for he is good; \* )*

**Lent**



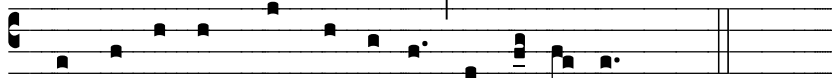
I shall not die \* but I shall live and recount the deeds of



the Lord.

### Eastertide

VIII



Al- le- lu- ia, \* al- le- lu- ia, al- le- lu- ia.

### Psalm 118

O give thanks to the Lord for he is good; \* his steadfast love endures for ever.

Let Israel say, "His steadfast love endures for ever." \* Let the house of Aaron say, "His steadfast love endures for ever."

Let those who fear the Lord say, \* "His steadfast love endures for ever."

Out of my distress I called on the Lord; \* the Lord answered me and set me free.

With the Lord on my side I do not fear. What can man do to me? \* The Lord is on my side to help me; I shall look in triumph on those who hate me.

It is better to take refuge in the Lord than to put confidence in man. \* It is better to take refuge in the Lord than to put confidence in princes.

All nations surrounded me; in the name of the Lord I cut them off. \* They surrounded me, surrounded me on every side; in the name of the Lord I cut them off.

They surrounded me like bees, they blazed like a fire of thorns; \* in the name of the Lord I cut them off.

I was pushed hard so that I was falling, but the Lord helped

me. \* The Lord is my strength and my song; he has become my salvation.

Hark, glad songs of victory in the tents of the righteous: "The right hand of the Lord does valiantly, \* the right hand of the Lord is exalted, the right hand of the Lord does valiantly."

I shall not die but I shall live and recount the deeds of the Lord. \* The Lord has chastened me sorely but he has not given me over to death.

Open to me the gates of righteousness that I may enter through them and give thanks to the Lord. \* This is the gate of the Lord; the righteous shall enter through it.

I thank you that you have answered me \* and have become my salvation.

The stone which the builders rejected has become the head of the corner. \* This is the Lord's doing; it is marvellous in our eyes.

This is the day which the Lord has made; \* let us rejoice and be glad in it.

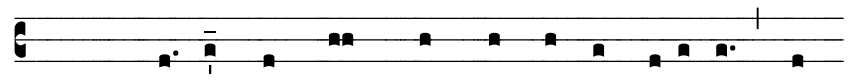
Save us, we beseech you, O Lord. \* O Lord, we beseech you give us success.

Blessed is he who enters in the name of the Lord. \* We bless you from the house of the Lord.

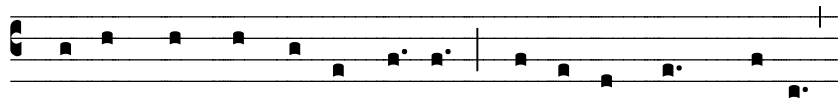
The Lord is God and he has given us light. \* Bind the festal procession with branches up to the horns of the altar.

You are my God and I will give thanks to you; \* you are my God, I will extol you.

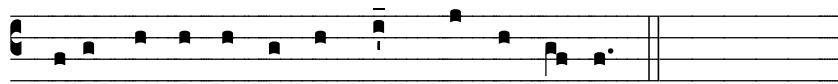
O give thanks to the Lord for he is good; \* for his steadfast love endures for ever.



Al- le- lu- ia. The stone which the builders rejected has



become the head of the corner; this is the Lord's do-ing,

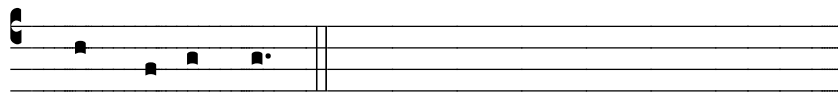


it is marvellous in our eyes, al- le- lu- ia.



Lent

I shall not die but I shall live and recount the

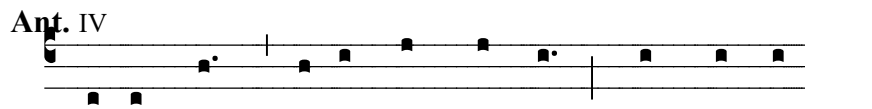


deeds of the Lord.



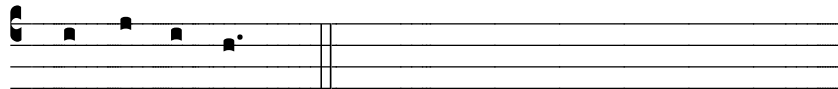
E.T.

Al- le- lu- ia, al- le- lu- ia, al- le- lu- ia.



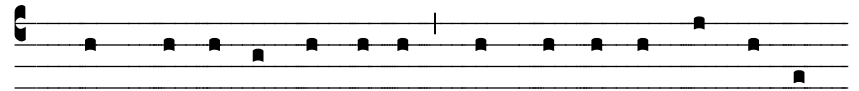
Ant. IV

Let us praise, \* let us praise the Lord; praise him  
for

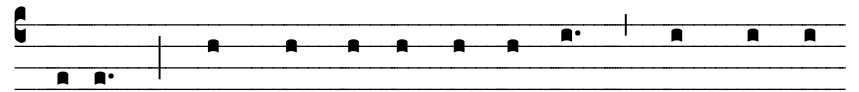


his mighty deeds.

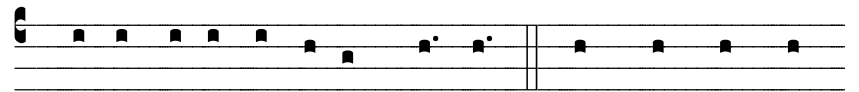
Psalm 150



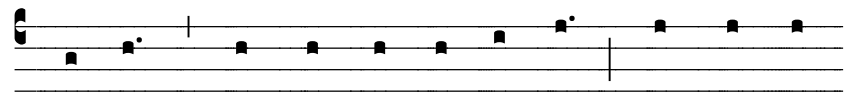
Praise God in his sanctu-ary; praise him in his mighty firm-



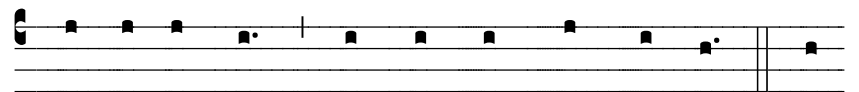
ament! \* Praise him for his mighty deeds; praise him ac-



cording to his exceeding greatness! Praise him with trum-

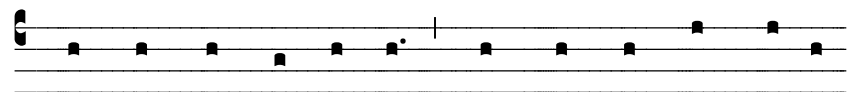


pet sound praise him with lute and harp! Praise him with

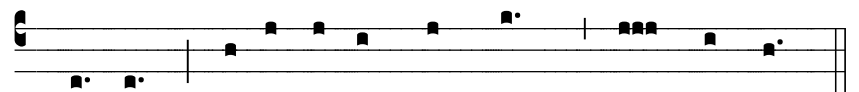


timbrel and dance; praise him with strings and pipe!

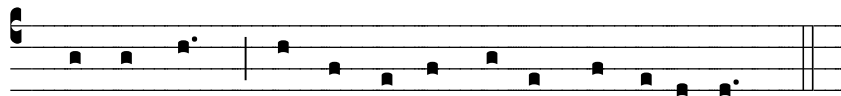
Praise



him with sounding cymbals; praise him with loud  
clashing







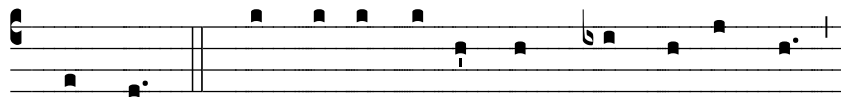
way of peace, to walk in his presence in ho-li-ness.



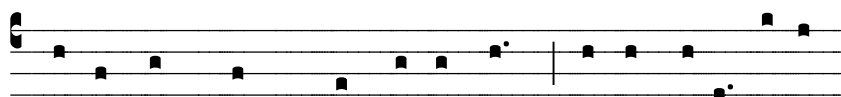
The darkness and shadow of death now passed, the day



from on high has dawned. A-rise and shine for your light



has come. Praise to the Father from whom are all things,

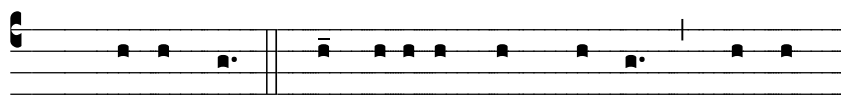


to the Son through whom all is made, to the Spirit crying

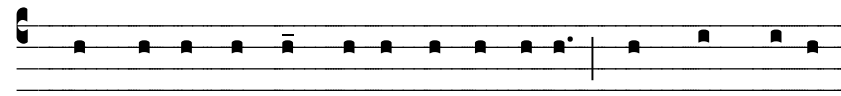


within our hearts: Ab-ba, Fa-ther!

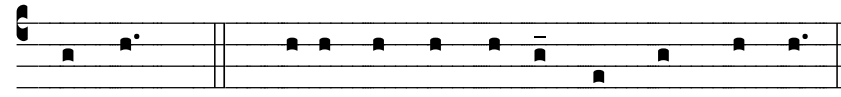
**Collect**



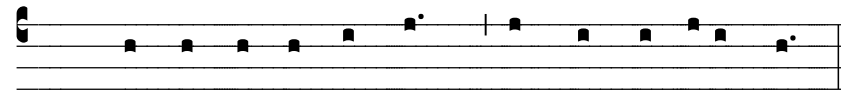
Heb: Let us pray. God, energy, source of love, bringing



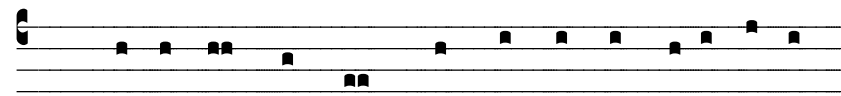
light out of darkness, order out of chaos, from death cre-at-



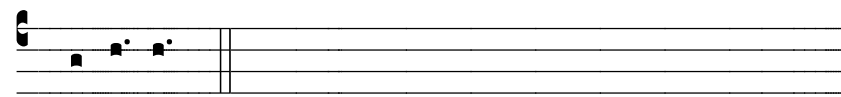
ing life: (Full) Open our eyes to see, our minds to know;



(Heb) that we may be transformed in Christ the risen Lord,

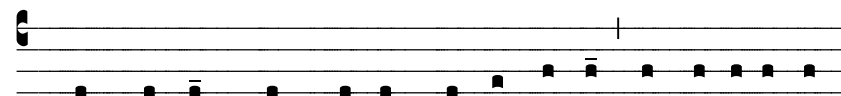


(Full) for he lives and reigns with you and the Holy Spi-rit



for ev-er.

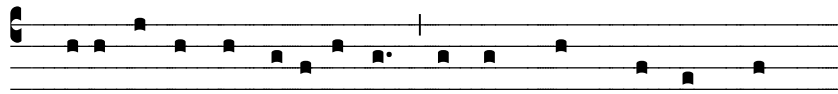
**Acclamation**



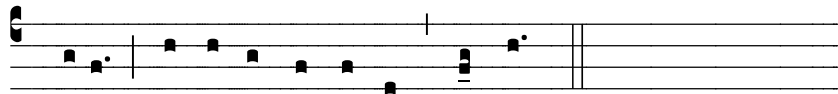
Glory to him whose power, working in us can do infin-ite-



ly more than we can ask or imagine; \* glory to him from



gener-a-tion to gener-a-tion in the church and in Christ



Jesus for ev-er and ev-er. A-men.

**Blessing of Servers and Reader**

℣. O God, make spèed tò sáve me, \* O Lord, make haste to help me.

℣. O Lord, save your servànts.

℞. Who put their trust in yòu.

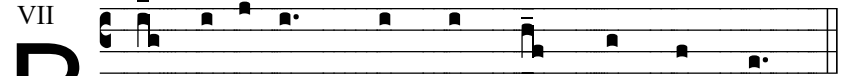
℣. Send them help, O Lord, from the sanctùary.

℞. And strengthen them out of Ziòn.

Let us pray: Grant, we beseech you, almight& Gód, \* that these your servants may carry out with loving attention the duties we now lay (now laid) upon thèem. Through Christ our Lòrd.

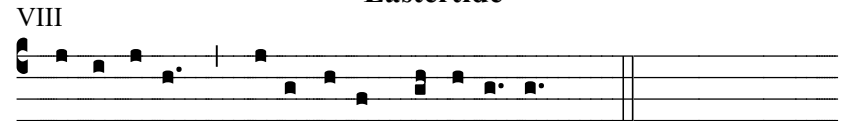
Amen.

**1st Week  
throughout the year**



**B** LESS-ed is he \* whom you choose and bring near.

**Eastertide**



Al-le-lu-ia, \* al-le-lu-ia, al-le-lu- ia.

**Psalm 65**

Praise is due to you, O God, in Zion; \* and to you shall vows be performed for you hear prayer.

To you shall all flesh come on account of sins. \* When our transgressions prevail over us you forgive them.

Blessed is he whom you choose and bring near to dwell in your courts. \* We shall be satisfied with the goodness of your house, your holy temple.

By dread deeds you answer us with deliverance, O God of our salvation, \* you are the hope of all the ends of the earth and of the farthest seas;

You by your strength have established the mountains, being girded with might; \* you still the roaring of the seas, the roaring of their waves, the tumult of the peoples;

So that those who dwell at earth's farthest bounds are afraid at your signs; \* you make the outgoings of the morning and the evening to shout for joy.

You visit the earth and water it, you greatly enrich it; the